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ABOUT FREEZE DRI

Back Country Cuisine is easy to prepare and great tasting because of the features of our Freeze Dri process. This combines quick-to-hydrate, freeze-dried vegetables and meats with sauce mixes that have been processed to retain their natural flavours. The result is delicious meals that can be prepared in the pack in 10 minutes with the addition of boiling water.

In the freeze drying process, crystals of frozen ice in the food are sublimed (evaporated) to water vapour in a vacuum chamber. The result is a completely dry product that does not shrink during the drying process. When prepared for eating, the water quickly gets into the pores left by the ice crystals to give a juicy, tender food product.

After packing, the food is heat-sealed in foil pouches from which all the air has been removed and replaced with nitrogen gas. This keeps the food safe and flavoursome for at least three years without the need for preservatives. Back Country Cuisine meals are formulated to meet the high energy needs of outdoor activity. There is a careful balance of carbohydrates and sugars for instant energy, protein to replenish exhausted muscles and oils and fat to provide an energy store (oils and fats are kept within the recommended maximum of 30% of total energy)

Freeze drying retains the natural vitamins in the food because of the low temperatures used in processing. Along with naturally occurring minerals and the addition of salt, the meals provide vitamins and minerals necessary to stay healthy.



Click below Link to view Ingredients

<http://backcountrycuisine.co.nz/bcc/index.php/archives/category/meals/beef>